


“Prevention is better than Cure, as Hippocrates said”

Activity report	Date: MARCH 2020 From January till March.
Country	Lithuania
School	Kindergarten „Buratinas“, Vilkaviškis
Class	Groups „Dainiukai“, „Debesiukai“, „Smalsiukai“, „Kregždžiukai“, „Voriukai“, „Sveikuoliukai“
Activity name	C2 The "Shop of Nature"
Objectives	To understand the meaning and importance of Hippocrates' saying «Nature is the healer of illness»
Development activity	In the "Herbs laboratory" created in our education facility pupils explored various herbs. While actively doing research, they tried to find out the meaning of Hippocrates' quote "Nature is the healer of illness". Pupils, while engaging in teamwork, made soap and essential oils from herbs, planted these herbs, grew them, made various virtual games about herbs and played those created by partners. They created a "Herbs dictionary", riddles, poems, virtual stories along with partners from different countries. Pupils also went on educational trips where they not only got familiar with different herbs, but also with the making of oil from these herbs. Pupils created a "Nature shop" in our facility, where they got an ability to promote their products and engage in business activities
Conclusion	<p>Students understood Hippocrates' saying «Nature is the healer of illness»</p> <p>Students, while actively participating in different activities and making products with herbs, found out that the use of herbs and a healthy lifestyle improves our physical and emotional health, protects us from diseases.</p> <div data-bbox="501 1724 866 1803">  Erasmus+ </div>